

MONTCLAIR B.P.W.

Sixty-one members and guests of the Montclair Business and Professional Women's Club attended a novel supper meeting at 17 Midland Avenue last month. The delicious meal, which was cooked and served by club members under the direction of Miss Clara Schauflier, was planned to include all the essential elements for good nutrition.

In the program which followed, Miss Elizabeth Cole, dietitian at Mountainside Hospital, emphasized the seven basic foods which build toward good health. There was a display of posters, literature, and model meals depicting the essentials of a balanced diet. The program came to a close with the showing of two films on the subject of good nutrition.

Special guests were Miss Elaine Loecke, chief nutritionist of Paterson General Hospital, Miss Beverly Bauer and Mrs. America Esquador, dietitians at Mountainside Hospital, and Miss Marion Wood, nutritionist of the Montclair Red Cross. The health committee of the club, under the chairmanship of Miss Catherine Berkheimer from the Bureau of Public Health Nursing, was responsible for the meeting.

At the executive board meeting of the club held on March 26 at the home of the president, Mrs. Roberta Halligan, Miss T. Marion Will, chairman of the master file and research committee, reported an average attendance of fifty at the seven regular meetings of the organization so far this season. Miss Will and her co-chairman, Miss Ethel Grosscup, are collecting information about the early days of the club to write the history of its nineteen years' progress.

Mrs. Elizabeth Rathbone, in charge

of tickets for the benefit play, "You Can't Beat the Irish," to be staged by the Elm Players on Saturday night, April 12, at George Inness School, announces that posters now being placed throughout town act as a reminder that the event takes place next week. Tickets are on sale at Madison's as well as by all club members.

For Easter
A BANGLE BEAUTY
by Krumentz



A GIFT TO BE CHERISHED
Rich loveliness that will gleam through the long years ahead. In natural green and pink 14 kt. rolled gold overlay.

Various Designs
from \$10 to \$20 each

Woodruff JEWELERS

Ethel Grosscup collecting info for history of BPW



Clipped By:

bob_thomas_wk
Tue, Oct 11, 2022